LISA EKDAHL
look to your own heart

01 - 03'28

HEAVENLY SHOWER

Why do I love you, this I don't know
Why do the rivers continue to flow

Heavenly showers, so warm in July
Questions are resting, we don't ask why
We don't lack nothing, we have each other
You are much more than a friend and a lover
Heavenly showers so warm in July
We feel like children once again you and I

You and I

Slumbering softly close to your heart
You know I loved you right from the start
Why do I love you, this I don't know
Why do the rivers continue to flow
Slumbering softly close you and I
Love don't need reasons, love don't ask why

Why, you and I

You and I
Love don't ask why
Love don't ask why

Heavenly showers, so warm in July
Love don't need reasons, love don't ask why

02 - 03'12

HAPPINESS IS BRIEF

Slip into your robe, slip out the backdoor
Step into the garden where you hardly will be seen
Don't let this moment slip away it's new and it's pristine

Slip into your robe there's no time to get dressed
This is not the time to feel low, to be distressed
Slip into your robe and be naked underneath
You are warm and beautiful and happiness is brief
Oh, happiness is brief

Crazy as you are and I am but a fool
You know that I love you when you're sweet and when you're wild
When you're filled with crazy wisdom and laugh like a child

Slip into your robe and slip out to see the sun
Rise above the trees it can easily be done
Slip into your robe and be naked underneath
You are warm and beautiful and happiness is brief
Oh, happiness is brief

Put on your long red robe

Aaaaa. You are warm and beautiful and happiness is brief
Oh, happiness is brief

EVERYTHING

Everything I did. everything I didn't do
Everything I said and everything I never told you
Every time I told you no no and every time I said yes yes
Every time I held my head up high and every single time I was a mess
Made me who I am and brought me to this place
Everything's still there written all over my face

Everything

Everything I wanted and everything that I resisted
Everything I never asked you for and every time that I insisted
Every time we kissed and every time we weren't kissing
Every time I called you on the phone just to say it's you I'm missing
Made me who I am and brought me to this place
Everything's still there written all over my face

Everything

YOU WANT HER APPROVAL

You want her approval that's keeping you in prison
You want her approval that's keeping you tied to the ground
You want her approval and yes, that's making me furious
I don't like who you become when she is around

I don't like it when you're shrinking or when you play small
I think that I know you, you're not like that at all
You're the one that I run to, the one that I trust
You won't get her approval but who says that you must
I don't think that you must

You want to break free and you want to dive into the mystic
You know what it's like when you're happy, lucid and light
You wanna break free and I wanna be there when you do it
Some will applaud you, some will say this is not right

But you're tired of shrinking, you don't wanna play small
You've already tried that, it's not working at all
Now, you're the one that I run to, the one that I trust
You won't get her approval, but who says that you must
I don't think that we must

05 – 02'53

SING & DANCE

Wake up in the morning, run down to the water
See our reflection, clear in the water
Wade in the water, look at our faces
Clearly reflected, just slightly distorted

Don't you know that I'm happy.
Don't you know that I wanna sing, sing and dance
Don't deny that you're happy.
Don't deny that you wanna sing, sing and dance

You make the coffee, I make it taste sweet
We make things work out, baby let's do this
Days that are passing, years that are given
Don't ever tell me, baby we blew it

Don't you know that I'm happy.
Don't you know that I wanna sing, sing and dance
Don't deny that you're happy.
Don't deny that you wanna sing, sing and dance

You wanna sing and you wanna dance

Don't you know that I'm happy.
Don't you know that I wanna sing, sing and dance
Don't deny that you're happy.
Don't deny that you wanna sing, sing and dance

You wanna sing and you wanna dance

06 - 06'10

I'M FALLING

I think I told you but I'm telling you again
I think I told you but my heart wants to repeat
Just like the song boy, body and soul boy
You are so glorious and boy you are so sweet
Just like the song boy, body and soul boy
You are so glorious my heart wants to repeat

That I'm falling, I'm falling, I'm falling
Again and again and again and again
And I'm drifting like a feather and I'm falling again
And things could not feel any better
Cause I'm falling so pleasantly

I think I told you once that we're not meant to be
I'll take it back now, that is not what I meant
Boy I was angry and I was tired
Now what I mean to say is that you're heaven sent
And I'm falling, I'm falling, I'm falling
Again and again and again and again
And I'm drifting like a feather and I'm falling again
And things could not feel any better
Cause I'm falling so pleasantl

Just like the song boy, body and soul boy
You are so glorious my heart wants to repeat

That I'm falling, I'm falling, I'm falling
Again and again and again and again
And I'm drifting like a feather and I'm falling again
And things could not feel any better
Cause I'm falling so pleasantly

I'm falling so pleasantly

07 - 03'34

LOOK TO YOUR OWN HEART

Today all the colors looked so beautiful
All the faces in the street looked kind
I may be hopeless, I may be helpless
But this day might bring me just a little peace of mind

Mmmm mmmm, a little peace of mind

You say you want me close you wanna know me now
I'm like you, this is how you start
I may be hopeless, I may be helpless
But I'm like you, to know me look to your own heart

Mmmmm mmmm, look to your own heart

Your eyes are even brighter than they used to be
Let's stick together, let's not stay apart
I may be hopeless, I may be helpless
But I'm like you to know me, look to your own heart
I'm like you to know me, look to your own heart
I'm like you to know me, look to your own heart

Mmmmm mmmm, look to your own heart
Look to your own heart

08 - 02'55

MOVING ON

There's no way I'm returning and the reason is nothing ever stays the same
That is how it is and I don't know if that is a good thing or if it's a shame
When I return your eyes will be different
the light will be different your thoughts will be different
When I return we won't be ones that we were

Cause everything's moving on. moving on
Everything's moving on and I'm moving on

When I return you will be different and I will be different for sure
Nothing will last since everything's passing and nothing is for ever more
But when I see you my arms will be open I will get to know you again
Yes I will see you for who you are now and not who you were way back when

Cause everything's moving on. moving on
Everything's moving on so I'm moving on

09 – 02'24

REJOICE

Rejoice like a child. rejoice like a bird does in the sky
Rejoice just like her
She doesn't know how we praise her while she is singing
She doesn't know about all the joy her song is bringing
But she knows how to rejoice
To rejoice

Rejoice like a child. and glow like the moon does in the sky
Glow just like her
The moon doesn't know about the light she's reflecting
She doesn't know about all the hearts that she is affecting
But she knows how to glow and to rejoice

Rejoice. rejoice. rejoice
Just like her

10 - 03'00

LONGING FOR YOUR LIGHT

I am longing for your light to come and take me over
I am longing for your light to take me to where I belong
I am longing for your light to come and take me over
Thought I heard you in the night whispering you should know you're strong

You're much stronger then you think. you're much braver than you know
You're much lighter than you see. you don't have to feel so low
Cause I'm right here all the time. I'm closer than you know
You don't have to be afraid. I won't leave you I won't go
You don't have to be afraid. I won't leave you I won't go

I am longing for your light to come and take me over
I am longing for your light to wake me gently from my sleep
I am longing for your light to tap my shoulder gently
I am longing for your light to lift me high and to reach deep

When I let my hair come down. when it's covering my face
When I lay down in my bed and I can't feel any trace
Of the hardships that I've known of the troubles of my day
I thought I heard you in the night whispering you will be ok
I thought I heard you in the night whispering everything's ok

Lisa Ekdahl: Vocals. Mathias Blomdahl: Guitars, bass, percussion, backing vocals, piano, Indian harmonium, kalimba, banjo & zither. Josef Zackrisson: Bass & backing vocals. Tomas Hallonsten: Piano, hammond organ, pump organ, trumpet, percussion, vibraphone & vibraphonette. Per "Texas" Johansson: Saxophones, clarinet, bass clarinet, flutes. Fredik Dahl: Drums & percussion.

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